



BREAKFAST 7-9 A.M. THEN UPON REQUEST  
 (choice of cereal, hot or cold and breakfast plate)  
 LUNCH 12-12:30 P.M. THEN UPON REQUEST  
 SUPPER 5-5:30 P.M. THEN UPON REQUEST menu subject to change

FRUIT, MILK, DRINK OF CHOICE, BREAKFAST BURRITO, HASHBROWNS, RAISIN TOAST, JELLY

**LUNCH**  
 CHICKEN OR LIVER & ONIONS, POTATO, VEG, DESSERT, BREAD

**SUPPER**  
 CHEF SALAD OR GR TURKEY SAND, COTTAGE CHEESE, DESSERT, CHIPS

**SUNDAY 2 MONDAY 3 TUESDAY 4 WEDNESDAY 5 THURSDAY 6 FRIDAY 7 SATURDAY 8**

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, SAUSAGE LINKS, EGGS, TOAST

**LUNCH**  
 BEEF OR PORK FRITTER, POTATO, VEG, DESSERT, ROLL

**SUPPER**  
 TACO OR TATOR TOT CASSEROLE, VEG, PASTA, DESSERT, BREAD

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, FR TOAST, SAUSAGE PATTY

**LUNCH**  
 KIEV OR PEPPER BEEF, PASTA, VEG, DESSERT, BREAD

**SUPPER**  
 ENCHILLIDA OR HAM & BEANS WITH CORN BREAD, SALAD, FRUIT

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, HAM PATTY, EGG, COFFEE CAKE

**LUNCH**  
 SHEPARD PIE OR CHICKEN SUPREME, MAC AND CHEESE, VEGETABLE, DESSERT, BREAD

**SUPPER**  
 BEEF STEW W/ BISC. OR HAM & CHEESE SAND, CHIPS, VEGETABLE, FRUIT

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, EGG W/CH HASHBROWN, TOAST, JELLY

**LUNCH**  
 HAMBURER STK OR PORK, POT, VEG, FRUIT, BREAD

**SUPPER**  
 TURKEY MELT ON RYE, HAMBURGER YAKASOBA (SPAG NOODLE DISH), VEG, DESSERT

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, BACON, EGG, WAFFLE

**LUNCH**  
 CHICKEN OR SMOTHERED BURRITO, POTATO, VEG, DESSERT, BREAD

**SUPPER**  
 VEG SOUP & PBJ SAND OR HAMBURGER, POTATO, VEG, FRUIT

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, HAM SLICE, PANCAKES, SYRUP

**LUNCH**  
 SALIS STEAK OR FISH, RICE PILAF, VEGETABLE, DESSERT, BREAD

**SUPPER**  
 CHICKEN CHEF SALAD OR TOMATO SOUP W/GR CHEESE SAND, FRUIT, DESSERT

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, SAUSAGE GRAVY & BISCUIT, EGG, FRUIT

**LUNCH**  
 SWEET & SOUR PORK OR CHICKEN, VEGETABLE, DESSERT, BREAD

**SUPPER**  
 MEATBALL SUB OR PIZZA, SALAD, DESSERT, CHIPS

**SUNDAY 9 MONDAY 10 TUESDAY 11 WEDNESDAY 12 THURSDAY 13 FRIDAY 14 SATURDAY 15**

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, EGG, HAM PATTY, DANISH

**LUNCH**  
 TURKEY OR SKILLET CALZONE, STUFFING, VEGETABLE, DESSERT, BREAD

**SUPPER**  
 BBQ RIBETTE ON BUN OR BEEF N NOODLES DINNER WITH BISCUIT, VEG, FRUIT

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, SCRAM EGGS, SAUSAGE LINKS, TOAST

**LUNCH**  
 ALFREDO CHICK PENNA OR LASAGNA, SALAD, VEGETABLE, DESSERT, BREAD

**SUPPER**  
 TUNA MELT OR POLISH (HOT) DOG, POTATO, VEG, DESSERT

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, BACON, EGG, COFFEE CAKE

**LUNCH**  
 MEATLOAF OR PORK FRITTER, POTATO & GRAVY, VEGETABLE, DESSERT, BREAD

**SUPPER**  
 TACO BURGER OR WHITE CHILI WITH CORN BREAD, PASTA, DESSERT

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, EGG & HSHBRN, TOAST

**LUNCH**  
 CHICKEN PARM OR TUNA NOODLES, POTATO, VEGETABLE, DESSERT, BREAD

**SUPPER**  
 CORDON BLEU OR TURKEY CASSEROLE, VEGETABLE, FRUIT

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, SAUSAGE, EGGS, MUFFIN

**LUNCH**  
 ROAST BEEF OR GOULASH, VEGETABLE, DESSERT, BREAD

**SUPPER**  
 CHILI DOG OR SPAGHETTI, VEGETABLE, BREAD, FRUIT

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, EGGS, PANCAKE, FRUIT

**LUNCH**  
 SALMON PATTY OR PORK, RICE PILAF, VEGETABLE, FRUIT, BREAD

**SUPPER**  
 TATOR TOT HOT DISH OR DELI SANDWICH, POTATO CHIPS, VEGETABLE, FRUIT

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, SAUS GRAVY & BISC, HASHBROWNS

**LUNCH**  
 TERI STEAK PATTY OR LIVER & ONIONS, MAC N CH, VEG, DESSERT, BREAD

**SUPPER**  
 CHICKEN STRIPS OR VEG SOUP & EGG SANDWICH, VEGETABLE, DESSERT

**SUNDAY 16 MONDAY 17 TUESDAY 18 WEDNESDAY 19 THURSDAY 20 FRIDAY 21 SATURDAY 22**

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, SAUSAGE, FR. TOAST

**LUNCH**  
 HAM OR HAMBURGER STK, POTATO, VEG, DESSERT, BREAD

**SUPPER**  
 CHICKEN N NOODLES OR MUSHROOM SOUP & DELI SANDWICH, VEG, DESSERT, BREAD

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, WAFFLE, HAM

**LUNCH**  
 BEEF FRITTER OR SWEET SOUR CHICKEN OVER RICE, POTATO, VEG, FRUIT, BREAD

**SUPPER**  
 TURKEY SANDWICH OR HAMBURGER, PASTA, VEGETABLE, FRUIT

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, EGGS, HASHBROWNS, MUFFIN

**LUNCH**  
 TURKEY PATTY OR BEEF N NOODLES, POTATO, VEG, DESSERT, BREAD

**SUPPER**  
 HAM & CH SAND W/ VEG SOUP OR HAMBURGER POTATO CASSEROLE, VEG, DESSERT

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, SAUSAGE LINK, EGG, CINNAMON ROLL

**LUNCH**  
 SALISBURY STEAK OR SKILLET CALZONE, POTATO, VEGETABLE, DESSERT, BREAD

**SUPPER**  
 CHICKEN PATTY SANDWICH OR BEEF POT PIE, VEGETABLE, DESSERT

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, HAM PATTY, PANCAKE

**LUNCH**  
 CHICKEN OR CABBAGE ROLL, POTATO, VEGETABLE, FRUIT, BREAD

**SUPPER**  
 BEEF MAC CASSEROLE OR PIZZA, SALAD, FRUIT, BREAD

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, EGG, BACON, YOGURT, COFFEE CAKE

**LUNCH**  
 FISH OR CHICKEN STRIPS, RICE PILAF, VEGETABLE, FRUIT, BREAD

**SUPPER**  
 SLOPPY JOE OR TOMATO SOUP & GR CHEESE SAND, VEG, DESSERT

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, SAUSAGE PATTY, EGG, CINN. RAISIN TOAST

**LUNCH**  
 KIEV OR MEATLOAF, POTATO, VEGETABLE, FRUIT, BREAD

**SUPPER**  
 CHICKEN CHILI & CORN BREAD OR MEAT SALAD SANDWICH, VEG, DESSERT

**SUNDAY 23 MONDAY 24 TUESDAY 25 WEDNESDAY 26 THURSDAY 27 FRIDAY 28 SATURDAY 29**

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, EGG, HSHBRN, DANISH

**LUNCH**  
 SMOTHERED STEAK OR CHICKEN, POTATO, VEGETABLE, DESSERT, BREAD

**SUPPER**  
 ENCHILIDA OR HAMBURGER, VEG SALAD, DESSERT, CHIPS

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, WAFFLE, HAM SLICE

**LUNCH**  
 PORK OR BEEF, POTATO, VEGETABLE, FRUIT, BREAD

**SUPPER**  
 TURKEY POT PIE OR HAM & BEANS, CORN BREAD, VEGETABLE, FRUIT

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, EGGS, PANCAKES, SYRUP

**LUNCH**  
 CHICKEN OR EGG ROLL, POTATO, VEGETABLE, DESSERT, BREAD

**SUPPER**  
 BEEF STROGANOFF OR CHEF SALAD, VEGETABLE, FRUIT, BREAD

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, HAM PATTY, EGG, TOAST, JELLY

**LUNCH**  
 SWISS STEAK W/TOMATOES, ROAST BEEF, POT, VEG, DESSERT, BREAD

**SUPPER**  
 CHICKEN ALA KING OR STUFFED BELL PEPPER, VEG, DESSERT

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, SAUSAGE LINK, FR TOAST

**LUNCH**  
 TURKEY OR PORK, STUFFING, VEGETABLE, DESSERT, BREAD

**SUPPER**  
 BEEF SANDWICH OR CHICKEN N DUMPLINGS, VEG, DESSERT, CRACKERS

**BREAKFAST**  
 FRUIT, MILK, DRINK OF BREAKFAST BURRITO, HASHBROWNS

**LUNCH**  
 BAKED FISH OR BBQ CHICKEN, VEGETABLE, DESSERT

**SUPPER**  
 SPANISH RICE WITH BEEF OR POLISH DOG, PASTA, VEG, FRUIT

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, EGGS, SAUSAGE PATTY, TOAST & JELLY

**LUNCH**  
 BEEF FRITTER OR TURKEY DIVAN, POTATO, VEG, DESSERT, BREAD

**SUPPER**  
 VEG SOUP & EGG SAND OR HAM & PASTA, VEG, DESSERT

**SUNDAY 30 MONDAY 31**

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, BACON, EGG, MUFFIN

**LUNCH**  
 CHICKEN OR CABBAGE ROLL, POTATO, VEGETABLE, DESSERT, BREAD

**SUPPER**  
 PIZZA OR SPAGHETTI, SALAD, DESSERT, BREAD

**BREAKFAST**  
 FRUIT, MILK, DRINK OF CHOICE, SAU PATTY, FR TOAST

**LUNCH**  
 HAM OR MEATBALLS, POTATO, VEGETABLE, DESSERT, BREAD

**SUPPER**  
 BEEF BARLEY SOUP & TUNA SAND OR HOT BEEF SAND, POTATO, VEG, FRUIT

goodbye July, hello  
**AUGUST**