



BREAKFAST 7-9 A.M. THEN UPON REQUEST  
 (choice of cereal, hot or cold and breakfast plate)  
 LUNCH 12-12:30 P.M. THEN UPON REQUEST  
 SUPPER 5-5:30 P.M. THEN UPON REQUEST menu subject to change

FRUIT, MILK, DRINK OF CHOICE, BREAKFAST BURRITO, HASHBROWNS, RAISIN TOAST, JELLY  
**LUNCH**  
 CHICKEN OR LIVER & ONIONS, POTATO, VEG, DESSERT, BREAD  
**SUPPER**  
 CHEF SALAD OR GR TURKEY SAND, COTTAGE CHEESE, DESSERT, CHIPS

SUNDAY 2	MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7	SATURDAY 8
<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, SAUSAGE LINKS, EGGS, TOAST  <b>LUNCH</b> BEEF OR PORK FRITTER, POTATO, VEG, DESSERT, ROLL  <b>SUPPER</b> TACO OR TATOR TOT CASSEROLE, VEG, PASTA, DESSERT, BREAD	<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, FR TOAST, SAUSAGE PATTY  <b>LUNCH</b> KIEV OR PEPPER BEEF, PASTA, VEG, DESSERT, BREAD  <b>SUPPER</b> ENCHILLIDA OR HAM & BEANS WITH CORN BREAD, SALAD, FRUIT	<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, HAM PATTY, EGG, COFFEE CAKE  <b>LUNCH</b> SHEPARD PIE OR CHICKEN SUPREME, MAC AND CHEESE, VEGETABLE, DESSERT, BREAD  <b>SUPPER</b> BEEF STEW W/ BISC. OR HAM & CHEESE SAND, CHIPS, VEGETABLE, FRUIT	<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, EGG W/CH HASHBROWN, TOAST, JELLY  <b>LUNCH</b> HAMBURER STK OR PORK, POT, VEG, FRUIT, BREAD  <b>SUPPER</b> TURKEY MELT ON RYE, HAMBURGER YAKASOBA (SPAG NOODLE DISH), VEG, DESSERT	<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, BACON, EGG, WAFFLE  <b>LUNCH</b> CHICKEN OR SMOTHERED BURRITO, POTATO, VEG, DESSERT, BREAD  <b>SUPPER</b> VEG SOUP & PBJ SAND OR HAMBURGER, POTATO, VEG, FRUIT	<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, HAM SLICE, PANCAKES, SYRUP  <b>LUNCH</b> SALIS STEAK OR FISH, RICE PILAF, VEGETABLE, DESSERT, BREAD  <b>SUPPER</b> CHICKEN CHEF SALAD OR TOMATO SOUP W/GR CHEESE SAND, FRUIT, DESSERT	<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, SAUSAGE GRAVY & BISCUIT, EGG, FRUIT  <b>LUNCH</b> SWEET & SOUR PORK OR CHICKEN, VEGETABLE, DESSERT, BREAD  <b>SUPPER</b> MEATBALL SUB OR PIZZA, SALAD, DESSERT, CHIPS

SUNDAY 9	MONDAY 10	TUESDAY 11	WEDNESDAY 12	THURSDAY 13	FRIDAY 14	SATURDAY 15
<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, EGG, HAM PATTY, DANISH  <b>LUNCH</b> TURKEY OR SKILLET CALZONE, STUFFING, VEGETABLE, DESSERT, BREAD  <b>SUPPER</b> BBQ RIBETTE ON BUN OR BEEF N NOODLES DINNER WITH BISCUIT, VEG, FRUIT	<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, SCRAM EGGS, SAUSAGE LINKS, TOAST  <b>LUNCH</b> ALFREDO CHICK PENNA OR LASAGNA, SALAD, VEGETABLE, DESSERT, BREAD  <b>SUPPER</b> TUNA MELT OR POLISH (HOT) DOG, POTATO, VEG, DESSERT	<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, BACON, EGG, COFFEE CAKE  <b>LUNCH</b> MEATLOAF OR PORK FRITTER, POTATO & GRAVY, VEGETABLE, DESSERT, BREAD  <b>SUPPER</b> TACO OR WHITE CHILI WITH CORN BREAD, PASTA, DESSERT	<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, EGG & HSHBRN, TOAST  <b>LUNCH</b> CHICKEN PARM OR TUNA NOODLES, POTATO, VEGETABLE, DESSERT, BREAD  <b>SUPPER</b> CORDON BLEU OR TURKEY CASSEROLE, VEGETABLE, FRUIT	<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, SAUSAGE, EGGS, MUFFIN  <b>LUNCH</b> ROAST BEEF OR GOULASH, VEGETABLE, DESSERT, BREAD  <b>SUPPER</b> CHILI DOG OR SPAGHETTI, VEGETABLE, BREAD, FRUIT	<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, EGGS, PANCAKE, FRUIT  <b>LUNCH</b> SALMON PATTY OR PORK, RICE PILAF, VEGETABLE, FRUIT, BREAD  <b>SUPPER</b> TATOR TOT HOT DISH OR DELI SANDWICH, POTATO CHIPS, VEGETABLE, FRUIT	<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, SAUS GRAVY & BISC, HASHBROWNS  <b>LUNCH</b> TERI STEAK PATTY OR LIVER & ONIONS, MAC N CH, VEG, DESSERT, BREAD  <b>SUPPER</b> CHICKEN STRIPS OR VEG SOUP & EGG SANDWICH, VEGETABLE, DESSERT

SUNDAY 16	MONDAY 17	TUESDAY 18	WEDNESDAY 19	THURSDAY 20	FRIDAY 21	SATURDAY 22
<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, SAUSAGE, FR. TOAST  <b>LUNCH</b> HAM OR HAMBURGER STK, POTATO, VEG, DESSERT, BREAD  <b>SUPPER</b> CHICKEN N NOODLES OR MUSHROOM SOUP & DELI SANDWICH, VEG, DESSERT, BREAD	<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, WAFFLE, HAM  <b>LUNCH</b> BEEF FRITTER OR SWEET SOUR CHICKEN OVER RICE, POTATO, VEG, FRUIT, BREAD  <b>SUPPER</b> TURKEY SANDWICH OR HAMBURGER, PASTA, VEGETABLE, FRUIT	<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, EGGS, HASHBROWNS, MUFFIN  <b>LUNCH</b> TURKEY PATTY OR BEEF N NOODLES, POTATO, VEG, DESSERT, BREAD  <b>SUPPER</b> HAM & CH SAND W/ VEG SOUP OR HAMBURGER POTATO CASSEROLE, VEG, DESSERT	<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, SAUSAGE LINK, EGG, CINNAMON ROLL  <b>LUNCH</b> SALISBURY STEAK OR SKILLET CALZONE, POTATO, VEGETABLE, DESSERT, BREAD  <b>SUPPER</b> CHICKEN PATTY SANDWICH OR BEEF POT PIE, VEGETABLE, DESSERT	<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, HAM PATTY, PANCAKE  <b>LUNCH</b> CHICKEN OR CABBAGE ROLL, POTATO, VEGETABLE, FRUIT, BREAD  <b>SUPPER</b> BEEF MAC CASSEROLE OR PIZZA, SALAD, FRUIT, BREAD	<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, EGG, BACON, YOGURT, COFFEE CAKE  <b>LUNCH</b> FISH OR CHICKEN STRIPS, RICE PILAF, VEGETABLE, FRUIT, BREAD  <b>SUPPER</b> SLOPPY JOE OR TOMATO SOUP & GR CHEESE SAND, VEG, DESSERT	<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, SAUSAGE PATTY, EGG, CINN. RAISIN TOAST  <b>LUNCH</b> KIEV OR MEATLOAF, POTATO, VEGETABLE, FRUIT, BREAD  <b>SUPPER</b> CHICKEN CHILI & CORN BREAD OR MEAT SALAD SANDWICH, VEG, DESSERT

SUNDAY 23	MONDAY 24	TUESDAY 25	WEDNESDAY 26	THURSDAY 27	FRIDAY 28	SATURDAY 29
<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, EGG, HSHBRN, DANISH  <b>LUNCH</b> SMOTHERED STEAK OR CHICKEN, POTATO, VEGETABLE, DESSERT, BREAD  <b>SUPPER</b> ENCHILIDA OR HAMBURGER, VEG SALAD, DESSERT, CHIPS	<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, WAFFLE, HAM SLICE  <b>LUNCH</b> PORK OR BEEF, POTATO, VEGETABLE, FRUIT, BREAD  <b>SUPPER</b> TURKEY POT PIE OR HAM & BEANS, CORN BREAD, VEGETABLE, FRUIT	<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, EGGS, PANCAKES, SYRUP  <b>LUNCH</b> CHICKEN OR EGG ROLL, POTATO, VEGETABLE, DESSERT, BREAD  <b>SUPPER</b> BEEF STROGANOFF OR CHEF SALAD, VEGETABLE, FRUIT, BREAD	<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, HAM PATTY, EGG, TOAST, JELLY  <b>LUNCH</b> SWISS STEAK W/TOMATOES, ROAST BEEF, POT, VEG, DESSERT, BREAD  <b>SUPPER</b> CHICKEN ALA KING OR STUFFED BELL PEPPER, VEG, DESSERT	<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, SAUSAGE LINK, FR TOAST  <b>LUNCH</b> TURKEY OR PORK, STUFFING, VEGETABLE, DESSERT, BREAD  <b>SUPPER</b> BEEF SANDWICH OR CHICKEN N DUMPLINGS, VEG, DESSERT, CRACKERS	<b>BREAKFAST</b> FRUIT, MILK, DRINK OF BREAKFAST BURRITO, HASHBROWNS  <b>LUNCH</b> BAKED FISH OR BBQ CHICKEN, VEGETABLE, DESSERT  <b>SUPPER</b> SPANISH RICE WITH BEEF OR POLISH DOG, PASTA, VEG, FRUIT	<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, EGGS, SAUSAGE PATTY, TOAST & JELLY  <b>LUNCH</b> BEEF FRITTER OR TURKEY DIVAN, POTATO, VEG, DESSERT, BREAD  <b>SUPPER</b> VEG SOUP & EGG SAND OR HAM & PASTA, VEG, DESSERT

SUNDAY 30	MONDAY 31
<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, BACON, EGG, MUFFIN  <b>LUNCH</b> CHICKEN OR CABBAGE ROLL, POTATO, VEGETABLE, DESSERT, BREAD  <b>SUPPER</b> PIZZA OR SPAGHETTI, SALAD, DESSERT, BREAD	<b>BREAKFAST</b> FRUIT, MILK, DRINK OF CHOICE, SAU PATTY, FR TOAST  <b>LUNCH</b> HAM OR MEATBALLS, POTATO, VEGETABLE, DESSERT, BREAD  <b>SUPPER</b> BEEF BARLEY SOUP & TUNA SAND OR HOT BEEF SAND, POTATO, VEG, FRUIT

goodbye July, hello  
**AUGUST**