

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# June 2022

			<b>Pledge Of Allegiance 1</b> 9am Bible Study 10am Manicures 2pm Bingo W/Popcorn 4pm 4 pics- 1 Word 6pm Social Hour	<b>Pledge Of Allegiance 2</b> 10:30am Garden Club 2pm Bowling 4pm Carmen -Piano 6pm Reposing Relaxation	<b>Pledge Of Allegiance 3</b> 10:30am Walk & Roll 2pm Bingo 4pm Yahtzee 6pm Mellow Massages	<b>Pledge Of Allegiance 4</b> 11am Horse Races 2pm Interactive Reading  <small>Show of Begins</small>
<b>Pledge Of Allegiance 5</b> 11am Corn Hole 2pm Church	<b>Pledge Of Allegiance 6</b> 10:30am Corn Hole 2pm Bingo W/Store 4pm Walk & Roll 6pm Chair Yoga	<b>Pledge Of Allegiance 7</b> 10:00am Resident Council 2pm Daniel Boone Day 4pm Bowling 6pm Mindful Meditation	<b>Pledge Of Allegiance 8</b> 9am Bible Study 10am Manicures 2pm Bingo W/Popcorn 4pm Bible Trivia 6pm Social Hour	<b>Pledge Of Allegiance 9</b> 10:30am Fact or Fiction 2pm Crafting Hour 4pm Family Feud 6pm Reposing Relaxation	<b>Pledge Of Allegiance 10</b> 10:30am Garden Club 2pm Bingo 4pm <i>und</i> 6pm Mellow Massages	<b>Pledge Of Allegiance 11</b> 11am Horse Races 2pm Matinee
<b>Pledge Of Allegiance 12</b> 11am Ring Toss 2pm Church	<b>Pledge Of Allegiance 13</b> 10:30am Rhythm Writers 2pm Bingo W/Store 4pm Cards 6pm Chair Yoga	<b>Pledge Of Allegiance 14</b> 10:30am Folktale Fables 2pm Birthday Party W/Joyce 4pm 4 pics- 1 Word 6pm Mindful Meditation  <small>Flag Day (US)</small>	<b>Pledge Of Allegiance 15</b> 9am Bible Study 10am Manicures 2pm Bingo W/Popcorn 4pm Corn Hole 6pm Social Hour	<b>Pledge Of Allegiance 16</b> 10:30am Garden Club 2pm Walk & Roll 4pm Carmen -Piano 6pm Reposing Relaxation	<b>Pledge Of Allegiance 17</b> 10:30am Exercise to Music 2pm Father's Day Party 4pm Trivia 6pm Mellow Massages	<b>Pledge Of Allegiance 18</b> 11am Horse Races 2pm Interactive Reading
<b>Pledge Of Allegiance 19</b> 11am Corn Hole 2pm Church  <b>Happy Father's Day</b>  <small>Father's Day Juneteenth</small>	<b>Pledge Of Allegiance 20</b> 10:30am Garden Club 2pm Bingo W/Store 4pm Ring Toss 6pm Chair Yoga	<b>Pledge Of Allegiance 21</b> 10:30am Beaded Craft 2pm Yard Yahtzee 4pm This Day in History 6pm Mindful Meditation  <small>Summer Begins</small>	<b>Pledge Of Allegiance 22</b> 9am Bible Study 10am Manicures 2pm Bingo W/Popcorn 4pm Bible Trivia 6pm Social Hour	<b>Pledge Of Allegiance 23</b> 10:30am Walk & Roll 2pm Bowling 4pm Family Feud 6pm Reposing Relaxation	<b>Pledge Of Allegiance 24</b> 10:30am Kick Ball 2pm Bingo 4pm Cards 6pm Mellow Massages	<b>Pledge Of Allegiance 25</b> 11am Horse Races 2pm Matinee
<b>Pledge Of Allegiance 26</b> 11am Ring Toss 2pm Church	<b>Pledge Of Allegiance 27</b> 10:30am Coffee & Conversation 2pm National Bingo Day 4pm Trivia 6pm Chair Yoga	<b>Pledge Of Allegiance 28</b> 10:30am Garden Club 2pm National Alaska Day 4pm Family Feud 6pm Mindful Meditation	<b>Pledge Of Allegiance 29</b> 9am Bible Study 10am Manicures 2pm Bingo W/Popcorn 4pm 4 pics- 1 Word 6pm Social Hour	<b>Pledge Of Allegiance 30</b> 10:30am Horse Races 2pm Painting Fun 4pm Corn Hole 6pm Reposing Relaxation		

Type the name, address, and other information about your community/company here.

Sunday

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Thursday

Friday

Saturday

# June 2022

<p><b>BREAKFAST</b> EGGS, HAM, DANISH, PEARS</p> <p><b>LUNCH</b> ROAST TURKEY OR CALZONE, STUFFING &amp; TURKEY GRAVY, SUMMER BLEND VEGS, DINNER ROLL, CREAM PIE</p> <p><b>SUPPER</b> BBQ RIBLETT ON A BUN OR BEEF NOODLE DINNER WITH A BISCUIT, POTATO WEDGES, COUNTRY STYLE TOMATOES, STRAWBERRIES &amp; BANANAS</p>	<p><b>BREAKFAST</b> SCRAMBLED EGGS, SAUSAGE LINKS, TOAST &amp; JELLY, PEACHES</p> <p><b>LUNCH</b> CHICKEN ALFREDO OR EGG ROLL, GREEN SALAD, GARLIC TOAST, LEMON CAKE WITH LEMON GLAZE</p> <p><b>SUPPER</b> GRILLED TUNA MELT OR A POLISH OR HOT DOG, WITH KRAUT, CARROTS, FRENCH FRIES, FLURRY FRUIT CUP</p>	<p><b>BREAKFAST</b> EGGS, BACON, BANANA MUFFIN, APPLE SLICES</p> <p><b>LUNCH</b> MEAT LOAF OR PORK FRITTER, MASHED POTATOES WITH BROWN GRAVY, VEG. MEADOW BLEND VEGS., COOKIE</p> <p><b>SUPPER</b> TACO OR CHILI WITH CORNBREAD, PEAS, MEXICAN PASTA, ICE CREAM</p>	<p><b>BREAKFAST</b> SCRAMBLED EGGS, SAUSAGE LINKS, HASH BROWNS, TOAST &amp; JELLY, PEARS</p> <p><b>LUNCH</b> HAMBURGER STEAK OR SMOTHERED PORK, MASHED POTATOES, BROWN GRAVY, CORN O'BRIEN, BREAD, MIXED FRUIT</p> <p><b>SUPPER</b> TURKEY MELT ON RYE OR CHILI FRITO'S, TATOR TOTS, CARROTS, PINEAPPLE CRUNCH</p>	<p><b>BREAKFAST</b> WAFFLES, BACON, EGGS, TROPICAL FRUIT</p> <p><b>LUNCH</b> RANCH CHICKEN OR BURRITO, AL, BONE IN CHICKEN, OVEN ROASTED POTATOES, CHICKEN GRAVY, WINTER BLEND VEGS., BREAD, APPLE COBBLER</p> <p><b>SUPPER</b> VEG. BEEF SOUP &amp; PB&amp;J SANDWICH OR A HAMBURGER ON A BUN, CHIPS, COTTAGE CHEESE WITH FRUIT</p>	<p><b>BREAKFAST</b> PANCAKE, HAM, EGGS, BANANA</p> <p><b>LUNCH</b> SALISBURY STEAK ITALIANO OR BAKED FISH, RICE PILAF, COOKED CABBAGE, GARLIC BREAD, ICE CREAM</p> <p><b>SUPPER</b> CHEF SALAD WITH CHICKEN OR TOMATO SOUP WITH GRILLED CHEESE SANDWICH, CAULIFLOWER, BROCCOLI AND RAISIN SALAD, PEANUT BUTTER BROWNIES</p>	<p><b>BREAKFAST</b> SAUSAGE GRAVY &amp; BISCUIT, EGGS, HASH BROWNS, PINEAPPLES</p> <p><b>LUNCH</b> SWEET AND SOUR PORK OR CHICKEN STRIPS, FRENCH FRIES, BROCCOLI, BREAD, JELL-O</p> <p><b>SUPPER</b> REUBEN &amp; CHIPS OR PIZZA, GREEN SALAD, COOKIE</p>
<p><b>BREAKFAST</b> EGGS, HAM, DANISH, PEARS</p> <p><b>LUNCH</b> ROAST TURKEY OR CALZONE, STUFFING &amp; TURKEY GRAVY, SUMMER BLEND VEGS, DINNER ROLL, CREAM PIE</p> <p><b>SUPPER</b> BBQ RIBLETT ON A BUN OR BEEF NOODLE DINNER WITH A BISCUIT, POTATO WEDGES, COUNTRY STYLE TOMATOES, STRAWBERRIES &amp; BANANAS</p>	<p><b>BREAKFAST</b> SCRAMBLED EGGS, SAUSAGE LINKS, TOAST &amp; JELLY, PEACHES</p> <p><b>LUNCH</b> CHICKEN ALFREDO OR EGG ROLL, GREEN SALAD, GARLIC TOAST, LEMON CAKE WITH LEMON GLAZE</p> <p><b>SUPPER</b> GRILLED TUNA MELT OR A POLISH OR HOT DOG, WITH KRAUT, CARROTS, FRENCH FRIES, FLURRY FRUIT CUP</p>	<p><b>BREAKFAST</b> EGGS, BACON, BANANA MUFFIN, APPLE SLICES</p> <p><b>LUNCH</b> MEAT LOAF OR PORK FRITTER, MASHED POTATOES WITH BROWN GRAVY, VEG. MEADOW BLEND VEGS., COOKIE</p> <p><b>SUPPER</b> TACO OR CHILI WITH CORNBREAD, PEAS, MEXICAN PASTA, ICE CREAM</p>	<p><b>BREAKFAST</b> EGGS, SAUSAGE, HASH BROWNS, TOAST &amp; JELLY, BANANA</p> <p><b>LUNCH</b> VEAL PARMESAN OR CABBAGE ROLL, SEASONED POTATOES, GREEN BEAN CASSEROLE, DINNER ROLL, PUDDING PARFAIT</p> <p><b>SUPPER</b> POPCORN SHRIMP OR TURKEY DIVAN CASSEROLE, TATOR TOTS, COLESLAW, JELL-O WITH FRUIT</p>	<p><b>BREAKFAST</b> EGGS, SAUSAGE PATTY, MUFFIN, TROPICAL FRUIT</p> <p><b>LUNCH</b> ROAST BEEF OR GOULASH, MASHED POTATOES AND GRAVY, GREEN SALAD, BREAD, PEANUT BUTTER BARS</p> <p><b>SUPPER</b> CHICKEN PATTY ON A BUN OR SPAGHETTI WITH GARLIC BREAD, BRUSSEL SPROUTS, MIXED FRUIT</p>	<p><b>BREAKFAST</b> PANCAKES, EGGS, HAM, APPLESAUCE</p> <p><b>LUNCH</b> SALMON PATTIES OR SLICED PORK, RICE PILAF, FRIED CABBAGE, DINNER ROLL, TROPICAL FRUIT WITH WHIP CREAM</p> <p><b>SUPPER</b> TATOR TOT HOT DISH OR DELI SUB SANDWICH, CUCUMBER ONION DILL SALAD, YOGURT FRUIT CUP</p>	<p><b>BREAKFAST</b> SAUSAGE GRAVY &amp; BISCUIT, EGGS, HASH BROWNS, MANDARIN ORANGES</p> <p><b>LUNCH</b> TERIYAKI STEAK PATTIES OR LIVER &amp; ONIONS, MAC &amp; CHEESE, WINTER BLEND VEG., HEAVENLY HASH</p> <p><b>SUPPER</b> CHICKEN STRIPS OR VEG. SOUP WITH AN EGG SALAD SANDWICH, FRENCH FRIES FOR THE CHICKEN STRIPS, CAULIFLOWER, EMERALD PEARS</p>
<p><b>BREAKFAST</b> FRENCH TOAST, EGGS, SAUSAGE PATTY, APPLESAUCE</p> <p><b>LUNCH</b> CHICKEN NUGGETS OR HAMBURGER STEAK WITH GRAVY, WHIPPED SWEET POTATOES, BROCCOLI, DINNER ROLL, LEMON CREAM PIE</p> <p><b>SUPPER</b> CHICKEN AND NOODLE DINNER WITH BREAD OR MUSHROOM SOUP WITH A DELI SANDWICH, COUNTRY STYLE TOMATOES, COOKIE</p>	<p><b>BREAKFAST</b> WAFFLE, EGGS, HAM, PEARS</p> <p><b>LUNCH</b> BEEF FRITTER OR SWEET AND SOUR CHICKEN, BOILED POTATOES WITH CREAM GRAVY, SEASONED GREEN BEANS, BREAD, JELL-O WITH FRUIT</p> <p><b>SUPPER</b> TURKEY SANDWICH OR A HAMBURGER ON A BUN, BAKED BEANS, SPRING BLEND VEGS, PEACHES</p>	<p><b>BREAKFAST</b> SCRAMBLED EGGS, SAUSAGE PATTY, HASH BROWNS, MUFFIN, BANANA</p> <p><b>LUNCH</b> BAKED TURKEY PATTY OR BEEF AND NOODLES, SCALLOPED POTATOES, PEAS, DINNER ROLL, CHERRY CAKE</p> <p><b>SUPPER</b> VEG. SOUP WITH A GRILLED HAM &amp; CHEESE SANDWICH OR REUBEN WITH CHIPS, CORN, ICE CREAM</p> <p>Flag Day (US)</p>	<p><b>BREAKFAST</b> FRIED EGGS, SAUSAGE LINKS, CINNAMON ROLL, MIXED FRUIT</p> <p><b>LUNCH</b> SALISBURY STEAK OR SKILLET CALZONE, BAKED POTATO, BUTTERED CARROTS, BREAD, APPLE COBBLER</p> <p><b>SUPPER</b> BEEF POT PIE OR CHILI FRITO'S, MEADOW BLEND VEGS., TATOR TOTS, COOKIE</p>	<p><b>BREAKFAST</b> PANCAKE, HAM PATTY, EGGS, MANDARIN ORANGES</p> <p><b>LUNCH</b> FRIED CHICKEN OR CABBAGE ROLL, HASH BROWN CASSEROLE, 3 BEAN SALAD, BREAD, PUDDING WITH TOPPING</p> <p><b>SUPPER</b> HAMBURGER GRAVY OVER A BISCUIT OR PIZZA, TOSSED SALAD, STRAWBERRIES AND BANANAS</p>	<p><b>BREAKFAST</b> EGGS, BACON, YOGURT, PEACH COFFEE CAKE</p> <p><b>LUNCH</b> BAKED FISH OR CHICKEN STRIPS, RICE PILAF, WINTER BLEND VEGS., DINNER ROLL, BLUSHING APPLESAUCE</p> <p><b>SUPPER</b> SLOPPY JOE OR TOMATO SOUP AND A GRILLED CHEESE SANDWICH, FRENCH FRIES, MIXED VEGS., RICE KRISPY TREAT</p>	<p><b>BREAKFAST</b> SCRAMBLED EGGS, SAUSAGE PATTY, CINNAMON RAISIN TOAST, BANANA</p> <p><b>LUNCH</b> CHICKEN KIEV OR MEATLOAF, MASHED POTATOES WITH BROWN GRAVY, PEAS &amp; CARROTS, BREAD, PEARS</p> <p><b>SUPPER</b> WHITE CHILI WITH CORNBREAD OR CHICKEN SALAD SANDWICH WITH CHIPS, BEETS, PINEAPPLE UPSIDE DOWN CAKE</p>
<p><b>BREAKFAST</b> SCRAMBLED EGGS, SAUSAGE LINKS, HASH BROWNS, DANISH, APPLE SLICES</p> <p><b>LUNCH</b> SMOTHERED STEAK WITH ONIONS OR CHICKEN, SWEET POTATOES, GREEN BEAN CASSEROLE, DINNER ROLL, JELL-O CAKE</p> <p><b>SUPPER</b> HAMBURGER ON A BUN OR ENCHILADA CASSEROLE, MEXICAN PASTA, CORN, EASY FRUIT DESSERT</p> <p>Father's Day</p>	<p><b>BREAKFAST</b> EGGS, WAFFLE, HAM, TROPICAL FRUIT</p> <p><b>LUNCH</b> PORK OR BEEF SLICE, AU GRATIN POTATOES, CARROTS, GRAVY FOR BOTH MEATS, BREAD, PEACHES</p> <p><b>SUPPER</b> TURKEY POT PIE OR HAM AND BEANS WITH CORN BREAD. RANCH CUCUMBER TOMATO ONION SALAD, YOGURT WITH FRUIT</p>	<p><b>BREAKFAST</b> PANCAKES, EGGS, HAM, BANANA</p> <p><b>LUNCH</b> EGG ROLL OR PAPRIKA CHICKEN, SEASONED OVEN POTATOES, FRIED CABBAGE, BREAD, BUTTERSCOTCH PUDDING</p> <p><b>SUPPER</b> BEEF STROGANOFF AND BREAD OR CHEF SALAD AND CRACKERS, MIXED VEGETABLES, MIXED FRUIT</p> <p>Summer Begins</p>	<p><b>BREAKFAST</b> FRIED EGGS, BACON, BANANA MUFFIN, PINEAPPLES</p> <p><b>LUNCH</b> SWISS STEAK OR POP CORN SHRIMP, MASHED POTATOES WITH GRAVY, PEAS, BREAD, COOKIE</p> <p><b>SUPPER</b> CHICKEN A'LA KING OR STUFFED BELL PEPPER, POTATO WEDGES, SPRING BLEND VEGS., PUDDING</p>	<p><b>BREAKFAST</b> FRENCH TOAST, SAUSAGE LINKS, EGGS, MIXED FRUIT</p> <p><b>LUNCH</b> ROAST TURKEY OR BBQ RIBLETT, STUFFING WITH GRAVY, BRUSSEL SPROUTS, DINNER ROLL, BANANA SPLIT DESSERT</p> <p><b>SUPPER</b> COLD ROAST BEEF SANDWICH &amp; CHIPS OR CHICKEN &amp; DUMPLINGS, CAULIFLOWER, PINEAPPLE ANGEL FOOD CAKE</p>	<p><b>BREAKFAST</b> EGGS, BACON TOAST &amp; JELLY, MANDARIN ORANGES</p> <p><b>LUNCH</b> POLLOCK (FISH) OR BBQ CHICKEN, COLE SLAW, GREEN BEANS, HUSH PUPPIES, ICE CREAM</p> <p><b>SUPPER</b> CORDON BLEU OR POLISH DOG WITH KRAUT, BAKED BEANS, PEAS &amp; CARROTS, EMERALD PEARS</p>	<p><b>BREAKFAST</b> SCRAMBLED EGGS, SAUSAGE PATTY, TOAST &amp; JELLY, BANANA</p> <p><b>LUNCH</b> BEEF FRITTER WITH WHITE GRAVY OR TURKEY DIVAN, BOILED POTATOES WITH GRAVY, BUTTERED CARROTS, BREAD, STRAWBERRY SHORT CAKE</p> <p><b>SUPPER</b> VEG. SOUP WITH AN EGG SALAD SANDWICH, OR A TAQUITO WITH RICE DELUXE, WINTER BLEND VEGS., COLORFUL CHEESE WITH FRUIT, ICE CREAM</p>
<p><b>BREAKFAST</b> EGGS, BACON, MUFFIN, PEACHES</p> <p><b>LUNCH</b> HERB BAKED CHICKEN OR CABBAGE ROLLS, MASHED POTATOES WITH CHICKEN GRAVY, MEADOW BLEND VEGS., DINNER ROLL, PUDDING PARFAIT</p> <p><b>SUPPER</b> TACO SALAD OR SPAGHETTI WITH MEAT SAUCE, TOSSED SALAD, BREAD, FROSTED LIME SALAD</p>	<p><b>BREAKFAST</b> FRENCH TOAST, SAUSAGE PATTY, EGGS, PINEAPPLES</p> <p><b>LUNCH</b> BAKED HAM OR CHEESEBURGER CASSEROLE, GREEN BEANS, BREAD, CAKE WITH FROSTING</p> <p><b>SUPPER</b> BEEF BARLEY SOUP AND TUNA SALAD SANDWICH OR MINI CORN DOGS, FRENCH FRIES, TROPICAL FRUIT</p>	<p><b>BREAKFAST</b> SAUSAGE GRAVY AND BISCUIT, EGGS, HASH BROWNS, MANDARIN ORANGES</p> <p><b>LUNCH</b> EGG ROLL OR CHICKEN NUGGETS, RICE PILAF, COOKED CABBAGE, DINNER ROLL, ICE CREAM</p> <p><b>SUPPER</b> CHICKEN &amp; PASTA OR CHILI, CORNBREAD FOR BOTH, YELLOW SQUASH, EASY FRUIT SALAD</p>	<p><b>BREAKFAST</b> SCRAMBLED EGGS, HAM, TOAST &amp; JELLY, PEARS</p> <p><b>LUNCH</b> HAMBURGER GRAVY OVER A BISCUIT OR CHUCK WAGON STEAK, BROWN GRAVY, BOILED BUTTERED POTATOES, WINTER BLEND VEG., BREAD, ROCKY ROAD BROWNIES</p> <p><b>SUPPER</b> HAMBURGER ON A BUN OR CHICKEN CHEF SALAD, PEA SALAD, CHIPS, ICE CREAM</p>	<p><b>BREAKFAST</b> PANCAKES, EGGS, SAUSAGE LINKS, APPLESAUCE</p> <p><b>LUNCH</b> CHICKEN FRIED STEAK OR PORK, MASHED POTATOES &amp; GRAVY, HARVARD BEETS, BREAD, 5 CUP SALAD</p> <p><b>SUPPER</b> CHICKEN NOODLE SOUP &amp; AN EGG SALAD SANDWICH OR LASAGNA ROLL UP, GREEN SALAD, CARROTS, BREAD, PEACHES &amp; CREAM DESSERT</p>	<p><b>BREAKFAST</b> 7A.M-9A.M. <b>LUNCH</b> - NOON <b>SUPPER</b>- 5P.M. Choice of hot or cold cereal with breakfast. <b>ALTERNATIVE MEALS ARE AVAILABLE UPON REQUEST</b></p>	