# NOVEMBER 2026

MENU SUBJECT TO CHANGE DEPENDING ON SHORTAGES

ALL MEALS ARE OFFERED JUICE OF CHOICE, HOT DRINK OF CHOICE and WATER

CEREAL HOT OR COLD IF OFFERED AT BREAKFASTS, SUBSITUTIONS ARE AVAILABLE AT ALL MEALS, MEAL TIMES ARE 7:00 BREAKFAST 12:00 LUNCH 5:00 SUPPER

| SUNDAY 1 | MONDAY 2 | TUESDAY 3 | WEDNESDAY 4 | THURSDAY 5 | FRIDAY 6 | SATURDAY 7 |
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| BREAKFAST<br>FRIED EGGS, BACON OR SAUSAGE, DONUT, FRUIT CANNED OR FRESH<br>LUNCH<br>CHEESE MANICOTI *OR* SLICED HAM, HASHBROWN CASSEROLE, BROCCOLI, BREAD W/BUTTER, CHERRY COBBLER<br>SUPPER<br>CHICKEN SALAD SAND WITH FRIES, COLESLAW *OR* TACO W/REFRIED BEANS, SPANISH RICE. JELLO W/TOPPING | BREAKFAST<br>SCRAM EGGS, BACON OR SAUSAGE, WAFFLE, FRUIT CANNED OR FRESH<br>LUNCH<br>SLICED ROAST BEEF WITH BROWN GRAVY *OR* CHICKEN FRIED STEAK WITH WHITE GRAVY, MASH POTATOES, FRIED CABBAGE, COOKIE<br>SUPPER<br>TURKEY POT PIE *OR* TERIYAKI PATTIES, PARSLEY BUTTERED PASTA, GREEN BEAN BLEND,HOT APPLES ALA MODE | BREAKFAST<br>FRIED EGGS, BACON *OR* SAUSAGE, HASHBROWNS, RAISIN TOAST, FRUIT<br>LUNCH<br>RUEBAN SANDWICH *OR* CHICKEN TENDERS, MAC N CHEESE, ITALIAN MARINATED BEETS, PUDDING W/FRUIT<br>SUPPER<br>TUNA SANDWICH W/CHIPS *OR* CHICKEN CHEF SALAD, SPICE CAKE W/FROSTING | BREAKFAST<br>SCRAM EGGS, BACON OR SAUSAGE, TURNOVER, FRUIT CANNED OR FRESH<br>LUNCH<br>SMOTHERED BURRITO W/TACO CHIPS *OR* LASAGNA, GREEN SALAD, CAULIFLOWER, GARLIC TOAST FOR LASAGNA. PEACH CRISP<br>SUPPER<br>HAM &BEANS W/CORN BREAD, *OR* CHEESE PEROGIES, W/ORINGS, CHOC CREAM PIE | BREAKFAST<br>SCRAM EGGS W/CHEESE, BACON OR SAUSAGE, BISCUIT & GRAVY, FRUIT<br>LUNCH<br>TATOR TOT CASSEROLE *OR* FRENCH DIP W/SWISS CHEESE & TOTS, BROCCOLI BLEND VEG, BROWNIE,<br>SUPPER<br>EGG ROLL W/SWEET N SOUR ON SIDE *OR* CHICKEN STRIPS, RICE PILAF, PEAS & CARROTS, HEAVENLY HASH | BREAKFAST<br>SCRAM EGGS, BACON OR SAUSAGE, FRENCH TOAST, FRUIT CANNED OR FRESH<br>LUNCH<br>BREAD FISH, W/TARTER SAUCE *OR* CHICKEN KIEV, PASTA SALAD, COLESLAW, ROLL W/BUTTER, LEMON BAR<br>SUPPER<br>POTATO SOUP & COLD HAM/CH SAND (1/2) *OR* HOT DOG W/FRIES, STRAWBERRY SHORTCAKE W/TOPPING | BREAKFAST<br>FRIED EGGS, BACON OR SAUSAGE, BANANA BREAD, FRUIT ANY<br>LUNCH<br>BEEF QUESDILLA W/LET, TOM, SOUR CR, SALSA, REFRIED BEANS, *OR* CHICKEN FRIED CHICKEN , MASH POTS, GRAVY, SPRING BLEND VEG, FRUIT COBBLER.<br>SUPPER<br>GOULASH *OR* PBJ (WHOLE) SANDWICH W/CHIPS, GREEN BEAN CASSEROLE, WATERGATE SALAD |
| **SUNDAY 8** | **MONDAY 9** | **TUESDAY 10** | **WEDNESDAY 11** | **THURSDAY 12** | **FRIDAY 13** | **SATURDAY 14** |
| BREAKFAST<br>FRIED EGGS, BACON OR SAUSAGE, MUFFIN, FRUIT CANNED OR FRESH<br>LUNCH<br>CHOPPED STEAK PATTY W/MUSHROOM GRAVY,<br>*OR* GRILLED HAM AND CHEESE SAND W/CHIPS, SCALLOPED POTS, CORN, ICE CREAM<br>SUPPER<br>BROC & CHEESE SOUP W COLD BEEF SAND, *OR* MEATBALL SUB, CHIPS, JELLO W/FRUIT | BREAKFAST<br>SCRAM EGGS, BACON OR SAUSAGE, PANCAKE, ANY FRUIT CANNED OR FRESH, SYRUP<br>LUNCH<br>BBQ BEEF RIB PATTY, (1/2) BAKED POTATO, BUTTER & SOUR CREAM, *OR* TACO WITH L-T-SALSA, BROCC & CAULIFLOWER, COOKIE BAR<br>SUPPER<br>SHRIMP ALFREDO PENNA *OR* CHICKEN ALFREDO PENNA,GARLIC TOAST, GREEN SALAD, MIXED BERRIES W/TOPPING | BREAKFAST<br>FRIED EGGS BACON,SAUSAGE CINNAMON ROLL, FRUIT CANNED OR FRESH<br>LUNCH<br>CHICKEN TENDERS *OR* SLOPPY JOE ON BUN, OVEN ROASTED HERB POTATOES, CANNIED CARROTS, APPLE COBBLER<br>SUPPER<br>POLISH SAUSAGE W/SAURKRAUT (SIDE) *OR* CHILI W/CORN BREAD, FRENCH FRIES, CAKE W/FROSTING | BREAKFAST<br>SCRAM EGGS, BACON OR SAUSAGE, TOAST & JELLY, FRUIT CANNED OR FRESH<br>LUNCH<br>STUFFED BELL PEPPERS *OR* SWEET N SOUR EGG ROLL, MAC & CHEESE, FRIED CABBAGE,FRUIT<br>SUPPER<br>SWEDISH MEATBALLS *OR* BBQ CHICKEN, SCALLOPED POTATOES, PEAS, SMORE PUDDING W/TOPPING | BREAKFAST<br>FRIED EGG, BACON OR SAUSAGE, GRAVY, BACON OR SAUSAGE, FRUIT CANNED OR FRESH<br>LUNCH<br>CHICKEN N DUMPLINGS *OR* LASAGNA, GREEN BEAN BLEND VEG, CHEESEY GARLIC BISCUITS, BLUEBERRY CHEESE CAKE<br>SUPPER<br>VEG BEEF BARLEY SOUP, W/(1/2) EGG SALAD SAND, *OR* SALISBURY STK W/MASH POT & GRAVY, MIXED VEG, BROWNIE | BREAKFAST<br>SCRAM EGGSW/CH, BACON OR SAUSAGE, WAFFLE & SYRUP, FRUIT CANNED OR FRESH<br>LUNCH<br>SALMON PATTY W/TARTER, *OR* BEEF N NOODLES, HUSHPUPPIES, COLESLAW, AMBROSIA SALAD<br>SUPPER<br>CH BURGER W/ O-TOM-PICKLE, CHIPS, BAKED BEANS, *OR* HAM MAC N CH CASSEROLE (W/BEANS AS SIDE), LEMON BAR | BREAKFAST<br>FRIED EGG, BACON OR SAUSAGE, HASHBROWNS, RAISIN TOAST, ANY FRUIT CANNED OR FRESH<br>LUNCH<br>BBQ RIBBLET SAND ON BUN, CHIPS & PEAS & CARROTS, *OR* TACO SALAD W/TACO CHIPS, ICE CREAM WITH TOPPINGS<br>SUPPER<br>SOUP OF THE DAY W/ GR CHEESE, *OR* GRILLED TURKEY & SWISS SAND W/FRIES, BANANA SPLIT PUDDING (NOT W/ ICE CREAM) |
| **SUNDAY 15** | **MONDAY 16** | **TUESDAY 17** | **WEDNESDAY 18** | **THURSDAY 19** | **FRIDAY 20** | **SATURDAY 21** |
| BREAKFAST<br>SCRAM W/CH EGGS, BACON OR SAUSAGE, MINI BAGEL, FRUIT CANNED OR FRESH<br>LUNCH<br>SLICED HAM *OR* SLICED TURYEY, SWEET POTATOES, CRANBERRIE SAUCE, TURKEY GRY, CARROTS SEASONED, PEACH CRISP<br>SUPPER<br>PATTY MELT *OR* MANICOTTI, POTATO WEDGES, MIX VEG, ANY FRUIT PIE WITH TOPPING | BREAKFAST<br>SCRAM EGGS, BACON OR SAUSAGE, FRENCH TOAST, ANY FRUIT CANNED OR FRESH<br>LUNCH<br>FRENCH DIP W/SWISS CHEESE, *OR* GRILLED HAM AND CHEESE SAND, FRENCH FRIES, CAULIFLOWER, MIX BERRIES WITH TOPPING<br>SUPPER<br>CHICKEN NOODLE SOUP W/CHICKEN SALAD SAND (1/2) *OR* KIEV W/FRESH CUT VEGGIES, BREAD & BUTTER FOR KIEV<br>PINK AMBROSIA SALAD | BREAKFAST<br>FRIED EGG, BACON OR SAUSAGE, HASHBROWNS, RAISIN TOAST, ANY FRUIT CANNED OR FRESH FRUIT LUNCH<br>HOT OPEN FACE HAMBURGER SAND ON BREAD *OR* TUNA MELT, MASHED POT & GRAVY, GREEN BEANS, COOKIES<br>SUPPER<br>BEEF POT PIE *OR* CHICKEN ALFREDO PENNA, GREEN SALAD,STUFFING, JELLO W/FRUIT | BREAKFAST<br>SCRAM EGGS, HAM OR SAUSAGE PATTY, DANISH, FRUIT CANNED OR FRESH<br>LUNCH<br>CHICKEN CORDON BLUE *OR* CHILI W/GRILLED CHEESE SAND, MAC SALAD, CORN, APPLE COBBLER<br>SUPPER<br>SPAGHETTI W/MEAT SAUCE WITH GARLIC BREAD, *OR* BEEF N CHEES ON A BUN (WARM) WITH CHIPS, ITALIAN BLEND VEG, ICE CREAM | BREAKFAST<br>SCRAM EGGS, BACON OR SAUSAGE, PANCAKE, ANY FRUIT CANNED OR FRESH, SYRUP<br>LUNCH<br>CHICKEN FRIED CHICKEN *OR* RUEBAN SAND, MASHED POT & CHICKEN GRAVY, WINTER BLEND VEG, PUDDING<br>SUPPER<br>TUNA SANDWICH *OR* SWISS STEAK IN TOMATO & ONION SAUCE, SEASON BUTTER PASTA, STRAWBERRY SHORT CAKE | BREAKFAST<br>SCRAM EGGS, BACON OR SAUSAGE, TOAST & JELLY, FRUIT CANNED OR FRESH<br>LUNCH<br>BREADED ITALIAN FISH, *OR* CABBAGE ROLL, OVEN ROASTED POTATOES, SPINACH, BLACK FOREST CAKE<br>SUPPER<br>HOT DOG *OR* PULLED BBQ PORK ON BUN, PEA SALAD, TATOR TOTS, ICE CREAM | BREAKFAST<br>FRIED EGG, BISCUIT & SAUSAGE GRAVY, BACON OR SAUSAGE, FRUIT CANNED OR FRESH<br>LUNCH<br>LASAGNA *OR* HOT OPEN FACE TURKEY SAND ON BREAD, GREEN SALAD, GARLIC TOAST (LASAGNA), PEACH PUDDING DESSERT.<br>SUPPER<br>CHICKEN STRIPS *OR* PIZZA, GREEN BEAN BLEND, FRIES, WATERGATE SALAD |
| **SUNDAY 22** | **MONDAY 23** | **TUESDAY 24** | **WEDNESDAY 25** | **THURSDAY 26** | **FRIDAY 27** | **SATURDAY 28** |
| BREAKFAST<br>FRIED EGGS, BACON OR SAUSAGE, MUFFIN, ANY FRUIT CANNED OR FRESH<br>LUNCH<br>SLICED BEEF ROAST, *OR* GOULASH,<br>HERB OVEN POTATOES & CALI BLEND, BROWN GRAVY, CHEESECAKE W/FRUIT<br>SUPPER<br>SLICED HAM *OR* BLT, SCALLOPED POTATOES, GREEN BEANS, BREAD W/BUTTER, JELLO W/FRUIT | BREAKFAST<br>SCRAM EGGS W/CH, BACON OR SAUSAGE, PANCAKE, ANY FRUIT CANNED OR FRESH, SYRUP<br>LUNCH<br>ENCHILADA (CHICKEN) *OR* SWEET N SOUR PORK, RICE, PEAS , CHERRY PIE<br>SUPPER<br>CHEESE BURGER *OR* HOT DOG, FRENCH FRIES, CAKE W/FROSTING | BREAKFAST<br>FRIED EGG, BACON OR SAUSAGE, TOAST & JELLY, ANY FRUIT CANNED OR FRESH<br>LUNCH<br>CHICKEN FRIED STEAK W/MASHED POTATOES *OR* BEEF STEW, CORN , BISCUIT, HEAVENLY HASH<br>SUPPER<br>HAM & BEANS W/COLD HAM & GRILLED CHEESE SAND (1/2), *OR* CHICKEN NOODLE SOUP(FROM SCRATCH) & CRACKERS, CRISPY RICE TREAT | BREAKFAST<br>SCRAM EGGS, HAM OR SAUSAGE PATTY, DANISH, ANY FRUIT CANNED OR FRESH<br>LUNCH<br>MEATLOAF *OR* MEATBALL SUB SAND, BAKED POTATO (1/2), BUTTER & SOUR CREAM, GRAVY FOR MEATLOAF, MIXED VEG, COOKIE<br>SUPPER<br>CHICKEN PATTY ON A BUN *OR* SHRIMP TEMPURA, TATOR TOTS, COLESLAW, PUDDING W/TOPPING | BREAKFAST<br>FRIED EGG, BISCUIT & SAUSAGE GRAVY, BACON OR SAUSAGE, FRUIT<br>LUNCH<br>SLICED TURKEY *OR* HAM SLICE W/BRN SUG AND PINEAPPLE, SWEET POTATOES,GREEN BEAN CASS,DEVILED EGG, ROLL W/BUTTER,PUMPKIN PIE<br>SUPPER<br>VEGETABLE BEEF BARLEY SOUP, COLD BEEF N CHEESE SAND (1/2), *OR* EGG ROLL & RICE PILAF, CHIPS, NO BAKE COOKIES | BREAKFAST<br>SCRAM EGG W/CHEESE, FR TOAST, BACON OR SAUSAGE, FRUIT CANNED OR FRESH<br>LUNCH<br>CHICKEN ALFREDO PENNA *OR* LEMON PEPPER FISH (BREADED) ONION RINGS, BROC & CAUL, ANY FRUIT ON PLATE, BROWNIE<br>SUPPER<br>SHRIMP FETTICINI *OR* CHICKEN STRIPS, MAC N CHEESE, CARROTS,BREAD W BUTTER, BLUSHING PEARS | BREAKFAST<br>FRIED EGG, BACON OR SAUSAGE, HASHBROWNS, RAISIN TOAST, ANY FRUIT CANNED OR FRESH<br>LUNCH<br>HAMBURGER *OR* STUFFED BELL PEPPEP, AUGRATIN POTATOES, CORN, GARLIC TOAST (FOR PEPPERS), PEACH CRUNCH<br>SUPPER<br>BROC N CHEESE SOUP W/EGG SALAD SAND (1/2) *OR* LASAGNA ROLL UP W/SALAD, PUDDING |
| **SUNDAY 29** | **MONDAY 30** | | | | | |
| BREAKFAST<br>FRIED EGGS, BACON OR SAUSAGE, MUFFIN, ANY FRUIT CANNED OR FRESH<br>LUNCH<br>PORK FRITTER *OR* SLICED TURKEY, MASHED POTATOES, PEAS,, BANANA PUDDING W/NILLA WAFFERS<br>SUPPER<br>PATTY MELT *OR* TUNA SANDWICH, CHIPS COLESLAW, JELLO W/FRUIT | BREAKFAST<br>SCRAM EGGS, BACON OR SAUSAGE, FRENCH TOAST, ANY FRUIT CANNED OR FRESH<br>LUNCH<br>CHICKEN SALAD WITH CRACKERS *OR* CABBAGE ROLL, GREEN SALAD, HOT VEG BLEND, OATMEAL RAISIN COOKIE<br>SUPPER<br>SHEPARDS PIE *OR* SPAGHETTI W/MEAT SAUCE, BROCCOLI, GARLIC TOAST, ICE CREAM | | | | | |